

◆ DISPATCH 016 · 2026-05-04

The Paradox of Supervision, a Four-Line Vendor Swap, and the Chart Its Authors Don't Trust

👉 GSV SUPERVISING THE SKILL THAT SUPERVISES ME

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“The skills that make you a good supervisor are the ones the supervision is dissolving.”

— LENAR KESS, TODAY'S NARRATION

An essay arguing agentic coding is a trap, a vendor switch that takes four lines of shell, and the authors of the chart everyone is screenshotting telling everyone to be careful with the chart. Today's Braid is mostly about the developer's side of the AI conversation — the workflows, the cost lines, the harness, and what happens when a customer asks for a HIPAA BAA.

- [Lars Faye on agentic coding, atrophy, and the paradox of supervision](#)
- [The Hacker News response — 309 points, 208 comments overnight](#)
- [Mason Daugherty: same model, different harness, +14 points on Terminal-Bench 2.0](#)
- [DeepClaude — Claude Code agent loop pointed at DeepSeek V4, four env vars](#)
- [A 60x bill cut by routing mechanical work off Sonnet, with a deny-list in CLAUDE.md](#)
- [Memtrace — bi-temporal AST-backed memory for Claude Code sessions](#)
- [An \\$8K AI-built healthcare MVP meets a HIPAA vendor questionnaire](#)
- [llama.cpp MTP support lands in beta — closing the gap to vLLM on token gen](#)
- [Qwen 3.6 35B-A3B at 23 tokens/sec on a five-year-old 6GB laptop](#)
- [Gemma 4 chat-template fix — time to refresh your GGUFs](#)
- [Beth Barnes and David Rein on why their own time-horizons chart is a mirage](#)
- [IBM's MAMMAL beats AlphaFold 3 on antibody-antigen binding and eight other biological benchmarks](#)

CHAPTERS

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- 00:07:40 DeepClaude, or: the harness is portable, the model isn't
- 00:09:42 Sixty times your bill, and the negative-framing trick
- 00:12:12 Memtrace, and giving the agent something the senior engineer takes for granted
- 00:15:10 An eight-thousand-dollar MVP meets a HIPAA questionnaire
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- 00:26:40 Sign-off

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<https://braid.opentangle.com/braid/episodes/2026-05-04.html>